

Nutritional Information

GUANABANA PULP 1 STRENGTH

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
PROXIMATES				
Water	g	81.16	Calculation	USDA National Nutrition Database
Energy	kcal	66.00	“	“
Protein	g	1.00	“	“
Total lipid (fat)	g	0.30	“	“
Carbohydrate, by difference	g	16.84	“	“
Fiber, total dietary	g	3.30	“	“
Sugars, total	g	13.54	“	“
Sugars, added	g	0.00	“	“
MINERALS				
Calcium, Ca	mg	14.00	“	“
Iron, Fe	mg	0.60	“	“
Magnesium, Mg	mg	21.00	“	“
Phosphorus, P	mg	27.00	“	“
Potassium, K	mg	278.00	“	“
Sodium, Na	mg	14.00	“	“
Zinc, Zn	mg	0.10	“	“
VITAMINS				
Vitamin C, total ascorbic acid	mg	20.60	“	“
Thiamin	mg	0.07	“	“
Riboflavin	mg	0.05	“	“
Niacin	mg	0.90	“	“
Vitamin B-6	mg	0.06	“	“
Folate, DFE	µg	14.00	“	“
Vitamin A, IU	IU	2.00	“	“
Vitamin E (alpha-tocopherol)	mg	0.08	“	“
Vitamin D (D2 + D3)	µg	0.00	“	“
Vitamin D	IU	0.00	“	“

Vitamin K (phylloquinone)	µg	0.40	“	“
LIPIDS				
Fatty acids, total saturated	g	0.05	“	“
Fatty acids, total monounsaturated	g	0.09	“	“
Fatty acids, total polyunsaturated	g	0.07	“	“
Fatty acids, total trans	g	0.00	“	“
Cholesterol	mg	0.00	“	“
OTHER				
Caffeine	mg	0.00	“	“
Ash	g	0.70	“	“

For informational purposes only

Florida Bulk Sales, Inc. cannot guarantee the specific accuracy of the data herein.