

Nutritional Information

MANGO PUREE CONCENTRATE 28 BRX

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
PROXIMATES				
Water	g	62.12	Calculation	USDA National Nutrition Database
Energy	kcal	152.60	“	“
Protein	g	1.88	“	“
Total lipid (fat)	g	0.87	“	“
Carbohydrate, by difference	g	34.31	“	“
Fiber, total dietary	g	3.02	“	“
Sugars, total	g	31.29	“	“
Sugars, added	g	0.00	“	“
MINERALS				
Calcium, Ca	mg	25.2	“	“
Iron, Fe	mg	0.37	“	“
Magnesium, Mg	mg	22.91	“	“
Phosphorus, P	mg	32.07	“	“
Potassium, K	mg	384.82	“	“
Sodium, Na	mg	2.29	“	“
Zinc, Zn	mg	0.21	“	“
VITAMINS				
Vitamin C, total ascorbic acid	mg	83.38	“	“
Thiamin	mg	0.06	“	“
Riboflavin	mg	0.09	“	“
Niacin	mg	1.53	“	“
Vitamin B-6	mg	0.27	“	“
Folate, DFE	µg	98.5	“	“
Vitamin B-12	µg	0.00	“	“
Vitamin A, RAE	µg	123.69	“	“
Vitamin A, IU	IU	2478.44	“	“
Vitamin E (alpha-tocopherol)	mg	2.06	“	“
Vitamin D (D2 + D3)	µg	0.00	“	“

Vitamin D	IU	0.00	“	“
Vitamin K (phylloquinone)	µg	9.62	“	“
LIPIDS				
Fatty acids, total saturated	g	0.03	“	“
Fatty acids, total monounsaturated	g	0.05	“	“
Fatty acids, total polyunsaturated	g	0.32	“	“
Fatty acids, total trans	g	0.00	“	“
Cholesterol	mg	0.00	“	“
OTHER				
Caffeine	mg	0.00	“	“
Ash	g	0.82	“	“

*For informational purposes only
Florida Bulk Sales, Inc. cannot guarantee the specific accuracy of the data
herein.*