

Nutritional Information

PEAR PUREE CONCENTRATE 32 BRIX

| NUTRIENT | UNIT | AMOUNT PER 100 GRAMS | ANALYSIS/ CALCULATION | METHOD/ COMMENTS |
|--------------------------------|------|----------------------|-----------------------|----------------------------------|
| PROXIMATES | | | | |
| Water | g | 97.93 | Calculation | USDA National Nutrition Database |
| Energy | kcal | 56.94 | “ | “ |
| Protein | g | 0.61 | “ | “ |
| Total lipid (fat) | g | 0.14 | “ | “ |
| Carbohydrate, by difference | g | 14.94 | “ | “ |
| Fiber, total dietary | g | 1.59 | “ | “ |
| Sugars, total | g | 11.22 | “ | “ |
| Sugars, added | g | 0.00 | “ | “ |
| MINERALS | | | | |
| Calcium, Ca | mg | 14.80 | “ | “ |
| Iron, Fe | mg | 0.33 | “ | “ |
| Magnesium, Mg | mg | 13.67 | “ | “ |
| Phosphorus, P | mg | 9.11 | “ | “ |
| Potassium, K | mg | 124.13 | “ | “ |
| Sodium, Na | mg | 1.14 | “ | “ |
| Zinc, Zn | mg | 0.14 | “ | “ |
| VITAMINS | | | | |
| Vitamin C, total ascorbic acid | mg | 54.43 | “ | “ |
| Thiamin | mg | 0.09 | “ | “ |
| Riboflavin | mg | 0.04 | “ | “ |
| Niacin | mg | 0.57 | “ | “ |
| Vitamin B-6 | mg | 0.13 | “ | “ |
| Folate, DFE | µg | 20.50 | “ | “ |
| Vitamin B-12 | µg | 0.00 | “ | “ |
| Vitamin A, RAE | µg | 3.42 | “ | “ |
| Vitamin A, IU | IU | 66.05 | “ | “ |
| Vitamin E (alpha-tocopherol) | mg | 0.02 | “ | “ |
| Vitamin D (D2 + D3) | µg | 0.00 | “ | “ |

| | | | | |
|------------------------------------|----|------|---|---|
| Vitamin D | IU | 0.00 | “ | “ |
| Vitamin K (phylloquinone) | µg | 0.80 | “ | “ |
| LIPIDS | | | | |
| Fatty acids, total saturated | g | 0.01 | “ | “ |
| Fatty acids, total monounsaturated | g | 0.01 | “ | “ |
| Fatty acids, total polyunsaturated | g | 0.05 | “ | “ |
| Fatty acids, total trans | g | 0.00 | “ | “ |
| Cholesterol | mg | 0.00 | “ | “ |
| OTHER | | | | |
| Caffeine | mg | 0.00 | “ | “ |

For informational purposes only

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