

Nutritional Information

STRAWBERRY PUREE WITH SEEDS 1 STRENGTH

NUTRIENT	UNIT	AMOUNT PER 100 GRAMS	ANALYSIS/ CALCULATION	METHOD/ COMMENTS
PROXIMATES				
Water	g	90.95	Calculation	USDA Nutrient Database
Energy	kcal	33.00	"	"
Protein	g	0.67	"	"
Total lipid (fat)	g	0.30	"	"
Carbohydrate, by difference	g	7.68	"	"
Fiber, total dietary	g	2.20	"	"
Sugars, total	g	4.89	"	"
Sugars, added	g	0.00	"	"
MINERALS				
Calcium, Ca	mg	16.00	"	"
Iron, Fe	mg	0.41	"	"
Potassium, K	mg	153.00	"	"
Sodium, Na	mg	1.00	"	"
VITAMINS				
Vitamin A	IU	12.00	"	"
Vitamin C, total ascorbic acid	mg	58.80	"	"
Vitamin D (D2 + D3)	µg	0.00	"	"
Vitamin D	IU	0.00	"	"
LIPIDS				
Fatty acids, total saturated	g	0.02	"	"
Fatty acids, polyunsaturated fat	g	0.16	"	"
Fatty acids, monounsaturated fat	g	0.04	"	"
Fatty acids, total trans fat	g	0.00	"	"
Cholesterol	mg	0.00	"	"
OTHER				



Caffeine	mg	0.00	“	“
Ash	g	0.40	“	“

*For informational purposes only
Florida Bulk Sales, Inc. cannot guarantee the specific accuracy of the data
herein.*